

Adult Learning Strategies (modules to be completed prior to ANR PD)

Discover strategies and best practices for engaging adult learners. Whether you're leading workshops, developing programs, or facilitating training, understanding how adults learn can enhance your delivery and impact. These self-paced courses offer research-backed principles, interactive techniques, and practical tools to help you create meaningful learning experiences.

Use this checklist to guide your completion of the pre-ANR PD days online courses.

Access Setup

- Have you used the Moodle platform before?
 - Yes → Use the direct course links provided and Log in with your ISU Net-ID.
 - No → Go to the [Moodle login page](https://moodle.extension.iastate.edu/login/index.php) (<https://moodle.extension.iastate.edu/login/index.php>) and click “Sign in with **ISU Net-ID (Okta SSO)**” in the lower right-hand corner to create your account. And then use the direct course links provided below.

Enroll in Each Course (Tip: Copy and paste the enrollment key to avoid typos.)

- [Writing Clear Learning Objectives](#) -
<https://moodle.extension.iastate.edu/course/view.php?id=81>
 - Use enrollment key: CropOfThoughts
- [Using Instructional Design Methods](#) -
<https://moodle.extension.iastate.edu/course/view.php?id=57>
 - Use enrollment key: BrainBarn2025
- [Integrating Instructional Activities](#) -
<https://moodle.extension.iastate.edu/course/view.php?id=59>
 - Use enrollment key: CultivateLearning

Complete Course Activities

For **each course**, make sure to:

- Watch all instructional videos.
- Complete all knowledge checks and practice scenarios.
- Post your responses in the discussion forum.
- Provide feedback on at least one other participant's post.
- Review additional resources at the end of the course.

Timing

- Allocate 60–90 minutes per course.
- Complete all courses by September 26 (prior to the ANR PD days)

Need Help?

- Contact ISU Extension and Outreach IT Helpline at (515) 294-1725 if you experience issues accessing Moodle or the courses.